

# WYOMING COUNTY YMCA PERRY SUMMER REC 2020 PARTICIPANT FORMS







#### **CAMP PACKET CHECKLIST — ALL COMPONENTS MUST BE COMPLETED PRIOR TO TURNING IN:**

 Participant Profile (due by June 19, 2020)
 PARTICIPANT HEALTH FORM – TO BE FILLED OUT AND SIGNED BY DOCTOR
(Due by June 19, 2020)
 IMMUNIZATION RECORDS (DUE BY JUNE 19, 2020)
 FIRST WEEKS PAYMENT (DUE WITH REGISTRATION)
 Payment/subsidy agreement (due with registration)
 ACKNOWLEDGEMENT OF 2020 CHANGES (DUE WITH REGISTRATION)
INFLATABLE WAIVER (DUE WITH REGISTRATION)
BEHAVIOR AGREEMENT (DUE WITH REGISTRATION)
 Pre-registration weeks and deposits

#### **New For Summer 2020:**

- WE ENCOURAGE YOU TO PRE-REGISTER YOUR WEEKS. LAST SUMMER WE HAD SITUATIONS WHERE WE HAD TO TURN PEOPLE AWAY BECAUSE OF HIGH ENROLLMENT.
  - TO PRE-REGISTER WE WILL REQUIRE A \$10 NON-REFUNDABLEDEPOSIT PER CHILD PER WEEK. THIS DEPOSIT WILL BE SUBTRACTED FROM YOUR BALANCE DUE FOR EACH WEEK. THERE ARE NO DISCOUNTS FOR DEPOSITS FOR SCHOLARSHIP, DSS RECIPIENTS OR  $2^{ND}$  CHILD.
- PAYMENTS ARE DUE BY 7:00 PM ON FRIDAYS TO THE YMCA. NO PAYMENTS WILL BE ACCEPTED AT
  PROGRAM. ANY PAYMENT RECEIVED AFTER THE FRIDAY DEADLINE, PRIOR TO THE WEEK ATTENDING,
  WILL RECEIVE A \$20 LATE FEE. NO REGISTRATIONS WILL BE ACCEPTED AFTER 12:00 PM ON
  SATURDAYS AND NO CHILD WILL BE ALLOWED TO ATTEND PROGRAM ON MONDAY MORNING WITHOUT
  HAVING BEEN REGISTERED BY THE SATURDAY DEADLINE.
- No One will be allowed to attend program if their paperwork is not turned in to the YMCA BY FRIDAY JUNE 19<sup>TH</sup> OR THE WEDNESDAY BEFORE THE INTENDED WEEK OF ATTENDANCE. NO PAPERWORK WILL BE ACCEPTED AT PROGRAM.
- On-line registration will close at 7:00 PM on Friday nights.

PARTICIPANT NAME:	BIRTHDATE:
PARENT/GUARDIAN SIGNATURE:	DATE:

#### PAYMENT/SUBSIDY AGREEMENT

- I AM RESPONSIBLE TO MAKE TIMELY PAYMENT FOR MY CHILD(DREN)'S CAMP
- FULL PAYMENTS WILL BE MADE IN ADVANCE OR BY THE FRIDAY BEFORE EACH WEEK OF CAMP

WEEK 1	JUNE 29-JULY 3	DUE BY: JUNE 26
WEEK 2	JULY 6-JULY 10	DUE BY: JULY 3
WEEK 3	JULY 13 - JULY 17	DUE BY JULY 10
WEEK 4	JULY 20 – JULY 24	DUE BY JULY 17
WEEK 5	JULY 27 – JULY 31	DUE BY JULY 24
WEEK 6	AUGUST 3 – AUGUST 7	DUE BY JULY 31
WEEK 7	AUGUST 10 – AUGUST 14	DUE BY AUGUST 7
WEEK 8	AUGUST 17 – AUGUST 21	DUE BY AUGUST 14

- I UNDERSTAND THAT IF I RECEIVE ASSISTANCE THROUGH A THIRD-PARTY SUCH AS THE DEPARTMENT OF SOCIAL SERVICES, IT IS MY RESPONSIBILITY TO FILE THE APPROPRIATE PAPERWORK TO THAT AGENCY AND WILL INFORM THE YMCA OF MY SUBSIDY PLAN. A COPY OF THE APPROVAL LETTER MUST BE SUBMITTED AS WELL.
- I UNDERSTAND THAT MY SUBSIDY PLAN MAY BE BASED ON THE NUMBER OF HOURS ATTENDED THROUGH CARE. IF I DO NOT MEET THE REQUIRED NUMBER OF HOURS IN ATTENDANCE, I AS THE LEGAL GUARDIAN WILL BE RESPONSIBLE FOR MAKE THE REMAINDER OF THE PAYMENT OWED.
- IF MY CHILD HAS ATTENDED PROGRAM AND MY SUBSIDY CARE PLAN EXPIRES OR IS NOT APPROVED, I WILL BE RESPONSIBLE TO PAY THE AMOUNT OWED FOR THE TIME MY CHILD ATTENDED CARE.

PARTICIPANT NAME:	BIRTHDATE:
PARENT/GUARDIAN SIGNATURE:	DATE:

## WYOMING COUNTY YMCA PERRY REC PROGRAM PARTICIPANT PROFILE – SUMMER 2020

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
JUNE 29	JULY 6	JULY 13	JULY 20	JULY 27	AUGUST 3	AUGUST 10	AUGUST 17
TO JULY 3	TO JULY 10	TO JULY 17	TO JULY 24	TO JULY 31	TO August 7	TO August 14	TO AUGUST 21

PRICING: WEEK 1 & 8

\$120

FOR ALL VILLAGE OR TOWN RESIDENTS.

WEEK 2-7

\$80 VILLAGE \$95 TOWN

WEEK 1-8 \$120 FOR NON-RESIDENTS

PARENTS OR GUARDIANS MUST RESIDE IN VILLAGE OR TOWN OF PERRY

CHECK THE CORRECT ONE	☐ VILLAGE		☐ NON RESIDEN	IT ALL A	DDRESS VERIFIED BY PERRY	Y VILLAGE OFFICE	
CHILD AND FAMILY INFORM	MATION						
Child's Name:			Date of Birth:	Age:	Gender:  ☐ Male ☐ Female	School/Grade in Fall 2020:	
Address:			Town	State:	Zip code:		
Child's Nickname:	Child lives with	1:	Email address:	1		Known Allergies:	
Parent's Name:	Home Phone:		Date	of Birth:	Relationship:	☐ Emergency Contact☐ Pick Up Authorization☐	
Parent's Name:	Home Phone:		Date	of Birth:	Relationship:	☐ Emergency Contact☐ Pick Up Authorization☐	
Emergency Contact Name:	Home Phone:		Date	of Birth:	Relationship:	☐ Emergency Contact☐ Pick Up Authorization	
Emergency Contact Name:	Home Phone:		Date	of Birth:	Relationship:	☐ Emergency Contact ☐ Pick Up Authorization	
PARENT/GUARDIAN AGREEMENT  ✓ In the event of an emergency, the YMCA will make every effort to contact me. If I cannot be reached, the YMCA is authorized to act for me according to their best judgment in an emergency requiring medical care or surgery. The physician selected may hospitalize, secure proper treatment for, order injection, annesthesia or surgery for my child. I am responsible for the cost of all medical treatment and care.  ✓ I must notify the YMCA staff immediately of any changes on these forms.  ✓ YMCA staff and volunteers are not allowed to baby-sit or transport children at any time.  ✓ The YMCA is mandated, by state law, to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation.  ✓ I have read the YMCA Summer Program Parent Guide associated with my child's program and shared it with my child and agree to these policies and procedures. My child will be expected to follow all Camp rules and regulations. Failure to abide by the Camp rules and regulation may result in expulsion from the program.  ✓ My child has my permission to participate in walking field trips with the YMCA and to ride on vehicles as arranged by the GLOW YMCA for transportation to and from YMCA Summer Programs and scheduled field trips. Specifics will be posted weekly.  ✓ I authorize the YMCA to apply sunscreen and bug repellant to my child.  ✓ My child has permission to swim at YMCA Summer Programs. I understand that my child's swimming ability will be assessed by the Progressive Swim Instructor prior to participating in swimming activities and will be reassessed on a regular basis to ensure swimmer safety. My child will only be able to swim in areas deemed appropriate for their swimming ability by the Progressive Swim Instructor.  ✓ The YMCA has my permission to use photographs of my child in promotional materials such as brochures, ads, YMCA website or newspaper releases. I will not be informed of or reimbursed for such photographs.  ✓ The undersigned agrees to hold harmless the G							
MY SIGNATURE ACKNOWLE HAVE READ THE PARENT IN					BOVE. MY SIGNATURE ALS	O ACKNOWLEDGES THAT I	
Parent/Guardian Name:		<del></del>	Parent/Gua	ardian Signa	ture:	Date:	

IN ADDITION TO THIS FORM, THIS PACKET CONTAINS THE FOLLOWING FORMS THAT MUST BE COMPLETED AND TURNED IN BY FRIDAY JUNE 19TH.

PARTICIPANT LIABILITY WAIVER — READ AND SIGNED BY PARENT/GUARDIAN — INCLUDED IN THIS PACKET

PARTICIPANT HEALTH FORM — FILLED OUT BY PARENT/GUARDIAN AND SIGNED BY PHYSICIAN — INCLUDED IN THIS PACKET
INDIVIDUAL STANDING ORDER FORM — FILLED OUT AND SIGNED BY PHYSICIAN — INCLUDED IN THIS PACKET
IMMUNIZATION RECORDS — COPY PROVIDED AT CHECK—IN — PROVIDED BY PHYSICIAN

## WYOMING COUNTY YMCA ARCADE SUMMER REC PROGRAM

## PARTICIPANT HEALTH FORM – TO BE COMPLETED BY PARENT/GUARDIAN

THE CHILD'S PHYSICIAN SHOULD COMPLETE BOTH SIDES OF THIS FORM. PLEASE NOTE THE NEED FOR PHYSICIAN'S SIGNATURE ON BACK SIDE OF THIS FORM.

NOT ALL YMCA SUMME	R PROGRAMS ADMINISTER MEDICATION, HOWEVER	R, IN THE EVENT OF AN EN	MERGENCY WE ASK THAT FAMI	LIES PROVIDE US THIS IN	FORMATION SO THAT WE	CAN BEST CARE FOR YOUR CHILD.
Child Name:		Age:		Height:		Weight:
Has your child been e	exposed to an infectious disease	or had any majo	r illness in the last	month? $\square$ No	☐ Yes	
If yes, Illness/Disease	e:			Symptoms:		
Is the child covered b	oy any hospitalization/medical car	re policy? 🗆 Ye	es 🗆 No			
Insurance Company:						
Card Holder:				Policy/Group	<b>#</b> :	
Child is looking forwa	ard to YMCA Program with?	Enthusiasm	Acceptance	Caution	Anxiety	
Has your child been a	away from home before? Explain	•	•		-	
Does your child have	any special talents, hobbies or s	pecial interests?	,			
How does your child	express anger/frustration? Is th	ere a form of dis	scipline (time-out is	usually used) ti	nat works best v	vith your child?
Does your child have	any fears?					
Things I would like m	y child to accomplish at the YMC	A program are:				
My child's swimming	ability is:   Afraid of water	Some Lessons	☐ Confident in D	eep Water		
Is he/she accustomed	d to having a wake-up call to use	the bathroom ir	the middle of the i	night?		
Does your child have	any special needs that require a	ny physical or be	havioral modification	ons?		
Have any significant	events happened in your family in	n the last few ye	ars?			
Is there any other in	formation you think is important	for us to know a	bout your child?			
						_
PROGR	AM PARTICIPANT F	IEALTH FO	DRMS— TO I	BE COMP	LETED BY	PHYSICIAN
CAMPER HEALTH HI	STORY					
Please Check All That	t Apply.					
$\square$ Asthma	$\square$ Heart Defect/Disea	se	☐ Frequent Ear	r Infections	□ <b>A</b>	llergies:
□ Convulsions	$\square$ Bleeding/Clotting D	)isorder	☐ Neurological	Disorders	□ <b>D</b>	ental:
□ Diabetes	☐ Hearing Problems		☐ ADD/ADHD		□ 0	ther:
☐ Emotional Disorde	r 🗆 Vision Problems		☐ Illness:		□ 0	ther:
	F PRESCRIPTION MEDICATIONS  PATIENT'S CURRENT/SUMMER REGIMEN		II EN ANN PRN MENICA	TIONS		
DRUG NAME	ROUTE	DOSAGE		E & INDICATIONS		HEALTHCARE
DRUG NAME		DUSAGE				
	(PLEASE INDICATE PREFERRED		(PLEASE C	_		PROVIDER ORDER
	FORMULATION)		ALL THAT	APPLY)		(PLEASE CIRCLE ONE)

Physician's Signature on bottom of reverse side authorizes all medical information on both sides of this form.

# INDIVIDUALIZED STANDING ORDERS FOR ADMINISTRATION OF OVER-THE-COUNTER MEDICATION — TO BE COMPLETED BY PHYSICIAN

NOT ALL YMCA SUMMER PROGRAMS ADMINISTER MEDICATION OR HOUSE MEDICATIONS. HOWEVER, IN THE EVENT OF AN EMERGENCY WE ASK THAT FAMILIES PROVIDE US THIS INFORMATION. THE FOIL OWING MEDICATIONS MAY BE AVAILABLE AND WILL BE ADMINISTERED AT THE DISCRETION OF THE YMCA NURSE/MAT/HEALTH CARE PROVIDER AS INDICATED.

CHILD NAME:		AGE:	WEIGHT:	HEIGHT:	
DRUG NAME	ROUTE (PLEASE CIRCLE PREFERRED FORMULATION)	DOSAGE	SCHEDULE & INDICATIONS (PLEASE CIRCLE ALL THAT APPLY)	HEALTHCAR PROVIDER ( (PLEASE CIR	RDER
Sun Screen Lotion/Spray	Topical	As per package instructions	As needed	YES	No
Insect Repellant	Topical	As per package instructions	As needed	YES	No
Antiseptic Ointment	Topical	As per package instructions	Minor wound care Other:	YES	No
Anti-itch Ointment	Topical	As per package instructions	Rashes insect bites Other:	YES	No
Anti-Sting Ointment	Topical	As per package instruction	Insect bites Other:	YES	No
Antibiotic Ointment	Topical	As per package instruction	Minor wound care Other:	YES	No
Sunburn Relief Ointment	Topical	As per package instructions	Sunburn Other:	YES	No
BUPROFEN	Oral	As per package instructions	Pain; swelling; fever Other:	YES	No
Acetaminophen	Oral	As per package instructions	Pain; swelling; fever Other:	YES	No
Anti-fungal Cream	Topical	As per package instructions	Athletes foot Other:	YES	No
Antacid/ Antiemetic	Oral	As per package instructions	Nausea; diarrhea Other:	YES	No
SWIMMER'S EAR DROPS	Topical	As per package instructions	Ear pain after swimming Other:	YES	No
YE DROPS	Topical	As per package instructions	Eye irritation; allergies Other:	YES	No
HYDROCORTISONE 0.5%	Topical	As per package instructions	Rashes; insect bites; poison ivy Other:	YES	No
COUGH SYRUP	Oral	As per package instructions	Coughing Other:	YES	No
AXATIVE	Oral	As per package instructions	Constipation Other:	YES	No
ANTIHISTAMINE	Oral or Topical	As per package instructions	Swelling Hives; allergic reaction; nasal congestion; Other:	YES	No
ANTI-DIARRHEA	Oral	As per package instructions	Diarrhea Other:	YES	No
ICE TREATMENT	Topical	As per package instructions	Detection Other:	YES	No

	instructions	Other:	YES NO						
Health Care Provider Name:									
Address:									
City:	State:	Zip:							
License Number:	Phone:	Fax:							
As requested by the patient and as mandated by New York State Department of Health, a dated and/or current copy of immunizations/shot records is attached. Physician Initials									
PHYSICIAN SIGNATURE:		DATE:							

### YMCA Kid's Gym, Inflatable, Camp Hough and Red Pines Participant Waiver

Although we strive to make all activities as safe as possible, activities of this nature do come with some element of risk. This waiver ensures that we have contact information for you and/or your child and you are aware of these risks. Please fill this out completely, if you have any questions, please contact the YMCA.

Participant Name	D(	OB							
Parent/Guardian Name (Printed)			_						
Address	State	Zip							
Home Phone	Emergency Phone		_						
MEDICAL PROFILE - I recognize that the Kid's Gym climbing elements and Inflatables are physically strenuous endeavors requiring my child to be in good physical condition. I hereby certify that he/she does not suffer from any physical or mental infirmities or illnesses which would affect his/her ability to engage in climbing activities. I further certify that if my child is on any regular medication I will discuss this medication with the YMCA/Kid's Gym staff. If they are now under the treatment for any infirmity or illness I will detail it in the space provided and speak to a YMCA staff person.									
Parent/Guardian Signature		Date							
ACKNOWLEDGMENT OF RISK & ASSUMPTION RESPONSIBILITY – I understand that during my child's participation in a Kid's Gym activity he/she may be exposed to physically stressful and challenging situations. I understand that although the program has taken precautions to provide proper organization, supervision, instruction and equipment it is impossible for the program to guarantee absolute safety. I waive any claim that may arise against the GLOW YMCA and or its employees as a result of my child's participation in the program, except those which are a direct result of the negligence by the GLOW YMCA or its employees. I have accepted responsibility for verifying my child's personal health and medical history on the top of this sheet. In so doing I state that my child has no physical or psychological problems that would prohibit participation in this program. I also understand that I share responsibility for safety and I assume that responsibility.									
above. I consent to the participa authorize the treatment of him/h is granted only after a reasonab against the GLOW YMCA and or its	tion of the above name ner by a licensed medica le effort has been made employees, its employees except those which are a	d participant in Il doctor in the e to contact me. , directors, and ag direct result of th	I unforeseen accident as detailed the experiential program. I also event of an emergency. This authority Further I wave any claim that may arise gents and other participants as a result ne negligence by the GLOW YMCA or its						
Parent/Guardian Signature		Data							



# GLOW YMCA SUMMER PROGRAMS Behavior Agreement

#### Participant:

- 1. I will obey the rules of the YMCA summer program.
- 2. I will do my best to be Caring, Honest, Respectful, and Responsible while attending the YMCA Program.
- 3. I will respect <u>everyone</u> who attends the YMCA summer program. This includes the staff and other children attending the program. I will also respect their property and the building which the program is in.
- 4. I understand that the YMCA program does not allow swearing, talking back, or physical harm/fighting.
- 5. I understand that if I do not follow these rules, my parents will be called to pick me up.

#### Parent/Guardian:

have discussed the above guidelines with my child. My child and I fully understand that I wil	ll be
alled to pick-up my child if they do not follow the agreement.	

Parent/Guardian Signature	Date



#### PARENT GUIDE TO SUMMER REC 2020

Welcome to Y Summer Rec. We have a fantastic summer planned for your children and believe that the Y offers the perfect environment for your child to develop character skills, build meaningful friendships and instill values that will last a lifetime. We recognize how important it is to provide a fun, safe and enriching summer opportunity for your child and thank you for entrusting your children with us.

In this guide you will find all the necessary information and forms that you will need to prepare yourself and your child for the summer rec experience. Please read over the information carefully as some of it has changed from years past. Of course, if you have any questions, please feel free to contact the Wyoming Counting YMCA and we will gladly answer your questions.

#### **REGISTRATION INFORMATION**

Fees and Payments

The following describes the steps necessary to register your child for one of our summer camp programs.

- Fill out a registration form for each child. You can register at any branch of the GLOW YMCA or online at www.qlowymca.orq. When registering online, you must click on the Register tab on the left side of the website and follow the directions provided. You may register for multiple weeks.
- 2. Fill out the necessary forms and waiver (attached to this packet), and return it to the Y by **Friday June 19th**. Please be sure to note that your Physician will need to sign the Health Form and the Individualized Standing Order Form as well as provide a copy of your child's immunization record.
- 3. Each additional week must be paid in full by the Friday prior to the start of the session. Failure to register your child by the Friday prior will result in a late fee charge of \$20 per child or your child may be ineligible to attend that session of camp. Payments may be made at the YMCA with cash, check, visa or master card. Phone payments may be made with Visa or MasterCard.

Parents are responsible for payment if their child does not attend the program on their scheduled day(s).

#### **REQUIRED WAIVERS AND FORMS**

The following forms need to be filled out completely and returned to the Y by **Friday June 19th**. or Friday before the intended session. We encourage you to make a photocopy of each form for your own records. **Children will not be admitted to Rec without completed paperwork**. If your child is attending more than one session of Rec or attending another GLOW YMCA program, you need to only fill out one set of forms. All information in your child's record is privileged and confidential and will not be released without your written consent.

- PROGRAM PARTICIPANT PROFILE AND PARTICIPANT LIABILITY WAIVER Please note that it is the responsibility of the
  child's parent/guardian to provide for the child's own accident and health coverage while participating in
  activities with the GLOW YMCA. Any changes in pickup authorization, address, work or home phone numbers,
  emergency contacts etc., need to be given to the Rec Director as soon as possible.
- PROGRAM PARTICIPANT HEALTH FORM AND INDIVIDUALIZED STANDING ORDERS FOR ADMINISTRATION OF OVER-THE-COUNTER
  MEDICATION This form provides important medical information. Please note that this two-page form requires
  a physician's signature in <u>one</u> place and a current copy of your child's immunizations/shot record.

#### 2020 Y REC GENERAL INFORMATION

#### Participant Hours

Rec hours are from 7:45-5:00 pm. Planned programming begins each morning at 9:15am with morning announcements and any necessary daily information. Whenever possible, please make an effort to have your child at rec by 9:15am to assure they do not miss out on any of the day's activities!

#### Late Fees and Pick-up Policy

On certain occasions when a parent must be late the YMCA has established these firm policies:

- Parents must call the Y staff to let them know what time they can be expected to arrive or to inform them of alternate transportation arrangements that have been made.
- Parents will be assessed a Late Fee of one dollar per child per minute after 5:00pm. The clock at the program site will be
  used to determine the Late Fee charge. Late Fees will need to be paid before your child is able to attend program the next
  day.
- In the event that the Y does not receive a prior phone call from the parent, the following procedures will be immediately implemented:
  - 1. A staff member will try to contact the child's parents
  - 2. If contact cannot be made, a staff member will call the emergency contact list to arrange pick up.
  - 3. If one hour late from official closing time and contact cannot be made to the child's parents or emergency contacts, a call will be placed to the Child Protective Services as to what further arrangements are necessary.

#### Transportation for Perry Rec

Parents/guardians are expected to provide transportation to and from Arcade Park.

#### Attendance and Authorization

The Y is responsible for all registered campers each day.

- If your child is not going to attend rec, please call the Rec site phone to report the absence. The site number will be given to you on the first day you attend rec. This is the same policy you follow during the school year. Please call before the 9:00 am start time.
- Every morning a parent/guardian must walk the camper into the building and sign the camper in.
- Parents, or designated persons picking up children, must enter the building with photo identification.
- Children must be signed out by a parent/guardian, or authorized adult 16 years of age or older whose name appears on the Authorized Pick-up portion of the Participant Profile.
- If at any time someone other than the person designated on your release form is picking up your child; it is necessary to fill out the Additional Authorized Pick-up Form at least 24 hours in advance. In the case of a last minute pick-up change please call the rec phone and notify the site director. The pick-up person must have photo identification. No child will be released without prior notification of pick-up change and photo identification.
- Any youth 10 years old or older that walks, rides a bike, or takes the bus to or from camp needs to have a signed form on file with us granting parental permission.

#### **Emergency Communication**

In case of medical or family emergency, contact your Arcade Rec Director by calling the Y at 585-786-2880 or the site phone, given to you on the first day of rec.

#### Telephone Contact

Parent/guardians may contact the Rec Director at any time to discuss their child's experience. YMCA Rec programs have a "no-cell phone" policy for participants at camp. In return for helping us be cell-phone-free, we agree to tell you if your child is experiencing a challenge in their adjustment to the YMCA program.

#### **REC PROGRAM INFORMATION**

#### Participant Expectations

Sharing and group work are an integral part of our Y programs. Each day, participants are given opportunities to demonstrate leadership skills and challenge themselves with new activities. Rec is physically active, with long days; participating fully is important and expected at the Y. The staff makes every effort to ensure rec is a fun, enjoyable experience. However, there will be times each day that participants will be asked to help with small tasks to keep our

program safe and enjoyable. These tasks help to instill a sense of ownership and develop values in our participants that can be translated into school and home life.

#### Behavioral Expectations

Participants are expected to act as they would in a normal school day. Following directions, treating others fairly and respectfully and obeying rules are necessary. Please be certain to explain to your children that while rec is meant to be a fun experience, their best behavior is still expected. Rec staff will enforce discipline when needed, refunds will not be granted for children who are removed from the program for behavioral reasons.

#### **Termination**

If a child poses a threat to, or physically/mentally harms another child, the following disciplinary actions will be followed and documented:

- 1) Warning with a "time-out"; parent/quardian notified of the incident that day.
- 2) Meeting will occur with the child, parent/guardian, Rec Site Director and the Administrator.
- 3) Strike 3 The child will be asked to be removed from the program for the remainder of the summer.

Please know that if a situation occurs which is severe enough to remove your child from the program, they will be terminated without having to follow the 3 disciplinary steps listed above.

#### Group Assignments

Throughout the week, there are occasions when participants are placed in groups with children of the same age, same gender, in a big brother/big sister role or activity interest. Participants have the opportunity to participate in a variety of interesting, age-appropriate and mission driven activities led by our trained Y Staff Team.

#### Special Events and Weekly Themes

Each week of rec will have a special theme day and a selection of activities.

#### Swimming 5

Campers will have specified days for recreational swimming each week. Please make sure your child brings a towel and swimsuit for swimming days (cut-off shorts or t-shirts are not allowed in the pool). Swimming is an extremely valuable part of rec and we encourage everyone to participate. The Y will implement a "buddy system" to ensure safety and there will be one counselor in the water and two certified lifeguards on deck at all times. Campers will take a swim test in order to determine their swim level and be permitted into areas of the pool based on their ability level.

#### Lunch

Each child must bring a lunch and snack daily. **Please do not pack soda or candy**. Please keep in mind that we have limited refrigerator space, we suggest that children use a lunch box that is insulated and pack frozen drinks like juice boxes. Multiple water bottles are encouraged for children to stay hydrated throughout the day.

#### Clothing and Equipment

Be aware that rec is hard on clothing and equipment due to our very active days. We recommend against bringing new and/or expensive clothing or other items. Socks and sneakers should be worn daily. All personal belongings should be plainly and BOLDLY marked for easy identification and are ultimately the responsibility of the camper. Unclaimed lost and found property will be kept for one week and then donated to various local charities.

**PLEASE DO NOT BRING:** Pocketknives, trading cards, candy, pop, cellular phones, cash, electronic games, music players and/or other electronic devices.

#### Daily recommended items:

- Jacket
- Swimming Suit & Towel
- Water Bottles
- Hat
- Sneakers & Socks
- Backpack
- Sunscreen

#### Perry Rec WELLNESS PLAN

Health Care Policies

Each child must have an up-to-date Rec Participant Profile form on file. Children who become ill or are suspected of having a communicable disease may not remain in the program. They will be isolated from the other children; parents or an emergency contact will be called and asked to come pick up their child immediately. Children who are sent home due to sickness cannot return to camp for 24 hours or until they have no signs of illness. The guidelines listed below have been set up and will be followed unless your physician states in writing that your child may attend. Please refrain from sending your child to camp if any of the following are observed:

Pink Eye

Impetigo

Head Lice

Ring Worm

• A temperature of 101 or above

• Severe Cold with a Fever

Any contagious disease

Vomiting

#### Participant Medication

Upon arrival at the YMCA, all medications - **both prescription and nonprescription -** will be collected. Prescription medications can only be self-administered according to the directions on the label. Please make an effort to administer morning and evening meds at home to help limit the amount of self-administration needed at rec.

The state requires that all medications be in its *original* bottle. Please send only medications that your child takes on a regular basis. To help out, put your child's medication bottles in a zip-lock bag and write your child's name and week number/dates in permanent marker. Prescribed medication must be clearly marked with: child's name, directions for administration, name of medication and name and phone number of physician. If your child requires an asthma inhaler or a bee sting kit, their counselor will be able to carry one. It is *highly* recommended that you send a second or even third one that can be kept at the YMCA as a back-up. Based on program location, an additional form may be required.

Please be sure to contact the Y with any questions you may have about our program. We look forward to having your child attend our Summer Rec program!

Have a Great Summer!

Y Rec Staff